

PRESS RELEASE

Track & Field For Everyone Is Launched!

CRETE, Nebraska — March 13, 2016 — On March 1, 2016 gracetrack.org was launched by the Amazing Grace Track & Field Club (AGTC) as the communication hub for the first and only full-service track and field club for youth (K to 12), young adults (18 to 29 years of age), and master's level participants (30 years of age and over).

Club co-founder and president Trip Reynolds said, "Unfortunately, many people shy away from track and field because they perceive it's too competitive, but we're not focusing on that. Our primary objective is to elevate our members to realize their ultimate mental and physical potential, and we'll have fun doing so!" "Plus," said Reynolds, "it's not enough to focus only on children, because unhealthy parents do not set a positive image and a necessary leadership role for children."

Reynolds' younger brother and co-founder Wayne are active career athletes and track officials, and combined, they have over 100 years of knowledge of track and field. Equally important said Wayne, "We're committed to improve the overall health and well-being of our members, because as reported by stateofobesity.org, Nebraska is ranked with 18 other states as having the second-highest adult BMI (body mass index) of 30% to 34%; and 16% of Nebraska's children are obese. Simply put, Nebraska is not a very healthy place to live. We can change that."

The AGTC leadership team includes legendary Olympians such as Charlie Green, UNL officials, and a speaker's bureau of many experts in health, nutrition, and wellness. AGTC believes "fitness is good business," and is working with a network of sponsors who share their commitment to health and fitness.

Unique to AGTC is that membership is "FREE" to everyone. "Yes," said Trip, "there are some modest entry fees for some USATF sanctioned events, but the AGTC is not adding any administrative fees that would prevent children, adults, and families from realizing their ultimate mental and physical potential. Track and field is for everyone! Join us!"

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